

I consider spreading peace as my mission. I help others find their inner peace and reach spiritual harmony. Therefore, I chose peace as my main theme for this collection of art work.

My first piece, “Lotus for Peace” was inspired by my favorite flower the lotus, which symbolizes peace, eternity and purity. Buddha is a historical figure that stands for peace, calmness and love. The fundamental goal of drawing Buddha here is to reflect peace and how much we need it; therefore, this painting is calling for peace in this world.

My second art piece, “Melancholic Peace” is the art piece that I like the most. I chose to depict a depressed young lady since depression is an important disease especially amongst individuals of our age. I was interested in exploring the idea of healing within and from inside. The colors I have used were dark to express her literal feeling of depression, while being juxtaposed with a dove symbolizing the peace settling on her slowly spreading hope and tranquility entering her soul as represented by the white colors entering her body. The message conveyed through this piece is that no matter how depressed or sad a person is, a little hope and peace will heal every broken part inside of him/her.

My third art piece “Breaking through” is a very deep painting, and the idea behind it is that men also experience depression; however, due to the stereotypes set by societies they are not allowed to expose their emotions and show elements of weakness. So, this man is trying to face all his problems on his own.

In conclusion all my art pieces address the same theme, which is inner peace and freedom, because I believe that nowadays we are living a world with no peace and lack of mercy. I decided to highlight the importance of this theme through what I consider as the most effective way to express my feelings and spread peace.